timelycare

How to Access Free, 24/7 Virtual Care from Anywhere

It's simple! Follow these steps and you'll be connected to virtual health and well-being services in no time.

1. **Access TimelyCare.**
   Scan this QR code.

2. **Log in with your Virginia Tech email address.**
   Use the one that ends in .edu.

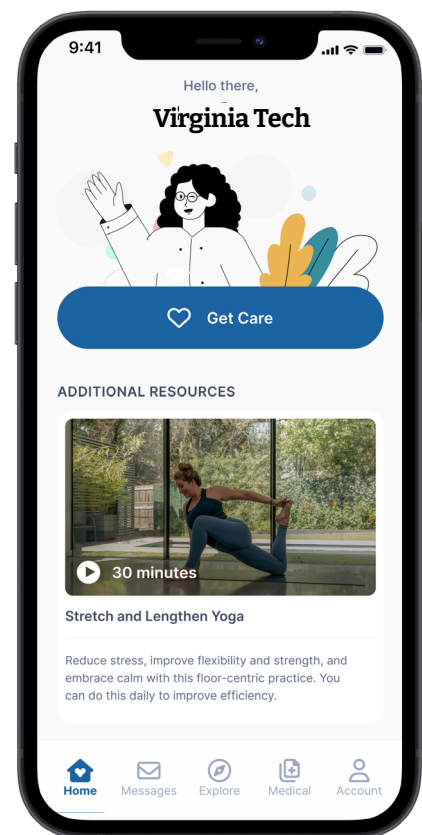3. **Fill out some information. Nothing too complicated!**
   TimelyCare is confidential, secure, and HIPAA compliant.

4. **Click "Get Care."**
   Well, you get it.

5. **Don't need a visit right away? Check out our Explore page.**
   It's self-care at your fingertips.

Having trouble logging in? Email help@timely.md or call **1-833-4-TIMELY** for assistance. We've got you covered!

timelycare.com/virginiatech

For Full-Time Faculty, Staff & Non-Student Wage Employees FOR FREE.

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