



Niagara Falls lit orange for Color The World Orange™ 2016

## How to Get Involved

- Wear orange and post a picture to social media with the hashtag #CRPSORANGEDAY™
- Hand out orange ribbons
- Change your social media profiles to a Color The World Orange™ logo
- Speak with local media about running a story on CRPS/RSD
- Plan a restaurant night with a portion of the profits donated to a CRPS/RSD non-profit
- Ask local businesses to hang a Color The World Orange™ sign and display pamphlets
- Ask officials to grant a proclamation recognizing Color The World Orange™ and CRPS/RSD

# Color The World Orange™

## Where to Find Us

**Website:**

[www.colortheworldorange.com](http://www.colortheworldorange.com)

**Facebook:**

[www.facebook.com/ColorTheWorldOrange](http://www.facebook.com/ColorTheWorldOrange)

**Twitter:**

<https://twitter.com/CRPSOrangeDay>

**Instagram:**

<http://instagram.com/colortheworldorange>

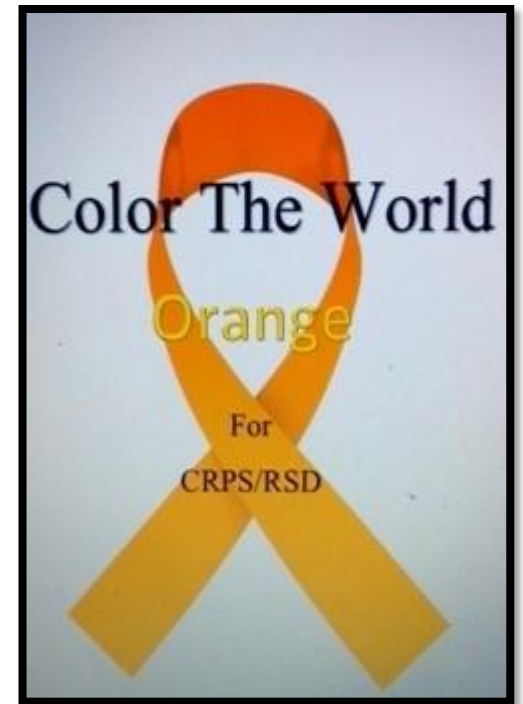
**Pinterest:**

[www.pinterest.com/CRPSORANGEDAY](http://www.pinterest.com/CRPSORANGEDAY)

**about.me:**

<http://about.me/crpsorangeday>

**#CRPSORANGEDAY™**



**November 1, 2021**

*It's a new day in the  
fight against Complex  
Regional Pain  
Syndrome/Reflex  
Sympathetic  
Dystrophy*



Billboards in Times Square New York for Color The World Orange™ 2017

## What is CRPS/RSD?

Complex Regional Pain Syndrome (CRPS), also known as Reflex Sympathetic Dystrophy (RSD), is a chronic pain condition characterized by continuous, intense and often burning, pain that is out of proportion to the severity of the original injury.

Symptoms can include changes in the skin color and temperature of the affected body part, as well as skin sensitivity, sweating and swelling.

For more information about CRPS/RSD, please visit the National Institutes of Health (NIH) website at: <https://www.ninds.nih.gov/Disorders/All-Disorders/Complex-Regional-Pain-Syndrome-Information-Page>

## Celebrating Color The World Orange™ 2020

The seventh-annual Color The World Orange™ in 2020 was a success even amid trying times.

In 2020 Color The World Orange™ was focused on thanking our wonderful caregivers including our doctors, nurses and physical therapists.

Sixty-five buildings, bridges and landmarks in eight countries were lit orange for Color The World Orange™ including Niagara Falls, One World Trade Center in New York, The Rock & Roll Hall of Fame in Cleveland, Ohio, Eden Park in Auckland, New Zealand, Tower 42 in London and the City Council of Mostoles Building in Mostoles, Spain.

Proclamations were granted by U.S. and Canadian officials recognizing Color The World Orange™ and November as CRPS/RSD awareness month.

For more highlights, visit the Color The World Orange™ website: [www.colortheworldorange.com](http://www.colortheworldorange.com)



## About Us

Color The World Orange™ is an annual global event held the first Monday of November to spread awareness of Complex Regional Pain Syndrome (CRPS), also known as Reflex Sympathetic Dystrophy (RSD).

The easiest way to get involved is to wear orange and share a photo on social media with the hashtag: #CRPSORANGEDAY™

Working together we can bring attention to this poorly understood condition.

Color The World Orange™ is an independent initiative.

Let's show the world that while we are in pain, we are strong!