



Ventura County Area Agency on Aging

CAREGIVER RESOURCES

Are you helping to support a loved one who is 60 or older?

Are you a grandparent caring for a grandchild?

Ventura County's Family Caregiver Resource Centers (FCRC) provide assessment and case management for family caregivers in Ventura County. Programs offer caregivers training, support groups, home adaptations and safety devices, caregiver resource libraries and computer centers, information and assistance, public information, and community education. FCRCs can also help caregivers with in-home respite and out-of-home respite (day care) for caregivers at risk of caregiver burnout.

LOCAL FAMILY CAREGIVER RESOURCE CENTERS INCLUDE:

FCRC Camarillo Health Care District is headquartered in Camarillo and serves the Camarillo community. For more information call (805) 388-1952 or visit www.camhealth.com.

FCRC Senior Concerns is headquartered in Thousand Oaks and serves east Ventura County (Thousand Oaks, Simi Valley, Moorpark, the portion of Westlake Village) in addition to unincorporated areas of east Ventura County including Newbury Park. For more information call (805) 497-0189 or visit www.seniorconcerns.org.

VCAAA's La Buena Vida is headquartered in the Santa Clara Valley serving all caregivers in West Ventura County including Santa Paula, Fillmore, Piru, Ojai, Ventura and Oxnard. This program also serves monolingual Spanish-speaking caregivers Countywide. For more information call (805) 477-7300 or visit www.vcaaa.org.

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