

LEG 1
OLD LYME TO LEDYARD
Day One, WEDNESDAY, June 16, 2021

Run Mile	TIME	NOTES
START		WHELEN ENGINEERING (51 Winthrop Rd, Chester) Meet between Customer Service & Installation Buildings. Turn right at "T" flashing red light towards Main Entrance.
	8:00 AM	Begin Run
0.18	8:01 AM	Turn right onto CT-145 N (Winthrop Rd)
0.87	8:09 AM	Turn right onto CT-148 E (W Main St)
1.65	8:18 AM	Rt 148 at Baker Rd & Wig Hill Rd
2.22	8:24 AM	Rt 148 at Baker Rd
3.80	8:41 AM	Turn right onto Main St
4.14	8:45 AM	Main St at School Ln
4.27	8:46 AM	Main St at Middlesex Health Primary Care.
		Pick up and drive/bicycles to CT DOT Garage in Old Saybrook (660 Middlesex Turnpike) and continue run
		Old Saybrook
		Rt 154 at CT DOT Garage
4.27	9:01 AM	Begin run. Right onto VFW Hwy toward CT-154 S
4.31	9:02 AM	Turn left onto CT-154 N
6.33	9:24 AM	Turn left onto Main St
6.92	9:31 AM	Turn right onto Old Boston Post Rd
7.30	9:35 AM	Old Boston Post Rd at Cottage Pl
7.76	9:40 AM	Turn left onto US-1 S
8.02	9:43 AM	Rt 1 at Old Saybrook High School
8.42	9:47 AM	Rt 1 at School House Rd
9.16	9:55 AM	Left into Cuckoo's Nest.
		Pick up at drive to 218 Shore Rd, Old Lyme (former Cherry Stone's Restaurant)
		Old Lyme
9.16	10:20 AM	Begin Run. Left on onto Rt 156
9.61	10:25 AM	Rt 156 at Biscayne Blvd
10.06	10:30 AM	Rt 156 at Saltaire Dr
10.49	10:35 AM	Rt 156 at Hatchett Point Rd
11.06	10:41 AM	Rt 156 at Shore Acres Rd
11.26	10:43 AM	Rt 156 at Oakridge Dr
11.60	10:47 AM	Rt 156 at Mile Creek Rd
11.95	10:51 AM	Bear right to stay on Rt 156
12.93	11:02 AM	Rt 156 at Rocky Neck State Park
		East Lyme
12.93	11:02 AM	Entrance to Rocky Neck State Park
13.05	11:03 AM	Rt 156 t Giants Neck Rd
14.00	11:14 AM	Rt 156 at Fairhaven Rd

15.06	11:25 AM	Rt 156 at Black Point Rd
15.64	11:32 AM	Rt 156 at Pennsylvania Ave
16.74	11:44 AM	Rt 156 at West St
		Waterford
16.74	11:44 AM	Rt 156 at West St
16.96	11:46 AM	Rt 156 at Millstone Rd
17.69	11:54 AM	Rt 156 at Granite Ct
18.11	11:59 AM	Rt 156 at Highland Dr
18.64	12:05 PM	Rt 156 at N Rd (First Baptist Church)
19.30	12:12 PM	Rt 156 at Waterford High School
19.38	12:13 PM	Right onto Rt 1
19.85	12:18 PM	Rt 1 at Willetts Ave
20.25	12:22 PM	Rt at Bestway Gas Station (6 Boston Post Rd)
		New London
20.25	12:22 PM	Rt 1 at Bestway Gas Station (6 Boston Post Rd)
20.59	12:26 PM	Rt 1 (Bank St) at Coleman St
20.79	12:28 PM	Rt 1 (Bank St) at Montauk Ave
20.99	12:30 PM	Slight righ to stay on Bank St
21.05	12:31 PM	Bank St at Howard St
21.28	12:34 PM	Bank St at Tilley St
21.53	12:36 PM	Turn right onto State St (at Whale Tale)
		Continue across train tracks onto City Pier area. End Run. CSP and LETR support vehicles drive to Nautilus Parking lot located just outside main gate to SUBASE New London.
		Subase New London / Groton
		CSP and LETR vehicles meet at Nautilus Parking Lot with USN runners.
21.53	1:21 PM	Begin run
21.94	1:26 PM	Turn right onto Military Hwy
22.64	1:34 PM	Military Hwy at Fulton Dr
22.76	1:35 PM	Military Hwy at Horizon Dr
23.08	1:38 PM	Military Hwy at Lestertown Rd
23.41	1:42 PM	Military Hwy at Grove Ave
23.43	1:42 PM	Turn right onto Bridge St
21.53	1:21 PM	Right into SUBVETS WWII Memorial
		CSP and LETR Vehicles pick up and drive to Groton City PD (295 Meridian St, Groton)
		Groton City
		Groton City Police Department (30 min lunch break)
23.08	2:23 PM	Begin Run
23.22	2:25 PM	Turn left onto Meridian St
23.60	2:29 PM	Turn left onto Mitchell St
23.78	2:31 PM	Mitchell St at Park Ave
24.22	2:36 PM	Mitchell St at Hamilton Ave
24.29	2:37 PM	Turn left onto Poquonnock Rd Pass by Subway (on the right)
24.89	2:43 PM	Poquonnock Rd at Old Farm Rd
25.33	2:48 PM	Bear left to stay on Poquonnock Rd
25.82	2:54 PM	Turn right to stay on Poquonnock Rd (Rt 1)

26.27	2:58 PM	Poquonnock Rd at Buddington Rd
26.78	3:04 PM	Poquonnock Rd at Depot Rd
27.17	3:08 PM	Poquonnock Rd at Harry Day Dr (Claude Chester Elementary School)
		Groton Town
27.17	3:08 PM	Poquonnock Rd at Harry Day Dr (Claude Chester Elementary School)
27.45	3:11 PM	Rt 1 at Ring Dr
27.97	3:17 PM	Bear left to stay on Rt 1 at Rt 215
28.43	3:22 PM	Rt 1 at Flanders Rd
29.00	3:29 PM	Rt 1 at Fishtown Rd
29.67	3:36 PM	Rt 1 at Highmeadow Ln
30.12	3:41 PM	Rt 1 at Allyn St/West Mystic Ave
30.48	3:45 PM	Rt 1 at Water St
30.66	3:47 PM	Rt 1 at Cottrell St
		Stonington
30.66	3:47 PM	Rt 1 at Cottrell St
30.75	3:48 PM	Turn left onto Willow St
30.99	3:50 PM	Turn left onto Rt 27 (Greenmanville Ave)
31.40	3:55 PM	Rt 27 (Greenmanville Ave) at Hinkly St
31.68	3:58 PM	Rt 27 (Greenmanville Ave) at Morgan St
32.15	4:03 PM	Turn right onto Coogan Blvd
32.25	4:04 PM	Turn left into Steak Loft/Olde Mystic Village parking lot. End Run.
		CSP and LETR support vehicles continue to Foxwoods Bingo Hall Patio.