

SAM PROVENCE AWARD 2023



Each year the Sam Provence Award is given at the Helping Restore Ability annual gala in memory of Sam Provence, the founder of Helping Restore Ability. Born in 1949, Sam contracted polio at the age of 9, losing complete use of his arms and legs. With a reliance on a respirator during the day and an iron lung at night, Sam never stopped working for the rights of those with disabilities. Before the Americans with Disabilities Act, Sam advocated strongly for legislation promoting wheelchair accessibility and accessible public transportation. Sam's memory stands for perseverance, advocating for what is right, and overcoming any barrier whether physical, mental, or societal. Past recipients of the Sam Provence Award have shown a commitment to the continual advocacy for improvement in current systems and in supporting the disabled community by any means necessary.

Thank you for taking the time to complete a nomination for the 2023 Sam Provence Award.

Guidelines for Submission:

- **All nominations must be received by 4:00 p.m. on Friday, March 10th, 2023.** We are unable to consider late submissions.
- The nomination must be in neat print handwriting or typed out.
- Award evaluation is based on the contents of the nomination letter as well as any additional supporting documents submitted (i.e. resume, letters of reference or support).
 - You may submit up to three (3) letters of recommendation with this application.
 - You are welcome to include any print media recognition (newspaper, newsletter, blog, etc.) with your nomination.
- Nominees **must be available to attend the event on Friday, April 21st, 2023 at 7:00 PM** to accept this award during the program.
- The achievements of the individual should be relevant (i.e. have taken place within approximately the last 18-24 months). Past achievements will be taken into consideration, but current and ongoing efforts will be given priority.
- Individuals may not self-nominate or apply on their own behalf.
- Please submit a photo of the nominee, in digital or print format, along with your nomination documents. Documents may be mailed to:
**Helping Restore Ability 4300 Beltway Place,
Suite 130 Arlington, TX 76018** or e-mailed to Savannah Heitman at sheitman@hratexas.org **no later than Friday, March 10th, 2023.**
- Please call Savannah Heitman at (817) 635-6020 with any questions prior to submitting the nomination.



Submission

Please attach a letter and any supporting documents explaining the ways in which you feel the nominee embodies the spirit of Sam Provence through their work, volunteerism, or advocacy in order to enrich and/or enable the lives of individuals with disabilities in Texas in a substantial or unique way. Please provide as much information as possible.

The following are *suggested topics* you may wish to address within the recommendation:

- How has the nominee made a commitment to impacting the lives of people with disabilities?
- How has the nominee inspired others toward the common vision of "Enriching the Lives of People with Disabilities"?
- How does the nominee advocate for people with disabilities at the local, state, or national level?
- How has the nominee brought about change?

<u>Nomination Deadline: Friday, March 10th, 2023 at 4 P.M.</u>

Nominator Information:

(You, the person recommending someone for the award)

Name of Nominator:		
Relationship to Nominee:		
Address:		
City:	State:	Zip:
Daytime Phone:		Evening Phone:
Email address:		

Nominee Information:

(The person that you feel is deserving of this award)

Name of Nominee:		
Address:		
City:	State:	Zip:
Daytime Phone:		Evening Phone:
Email address:		



HELPING RESTORE ABILITY
A Non Profit Serving Texans with Disabilities