#### JFNA 2020 Virtual Training Workshop Webinar Series

## PCTI Care for Older Adults and Family Caregivers: A Conversation with ACL

Greg Link, MA Administration for Community Living June 4, 2020



### Webinar Objectives

- The Administration for Community Living (ACL) – a brief overview
- Why is PCTI important?
- ACL and PCTI: How did we get here?
- Latest developments
- What's next: opportunities for the future of PCTI
- A conversation with ACL



# The Administration for Community Living is...

- Administration on Aging (AoA)
- Administration on Disability (AoD)
- Administration for Intellectual and Developmental Disabilities (AIDD)
- The Independent Living Administration
- Paralysis Resource Center; Limb Loss Resource Center
- State Health Insurance Assistance Programs (SHIPs)
- National Institute on Disability, Independent Living and Rehabilitation Research (NIDILRR)
- Workforce Innovation and Opportunity Act programs (WIOA)
- Traumatic Brain Injury (TBI) Program
- ACL is charged with developing policies and improving supports for seniors and persons with disabilities of all ages.



#### ACL's Authorizing Statutes & Programs

- Older Americans Act of 1965 (as amended)
- Public Health Service Act Programs
  - Section 398 Alzheimer's Disease Supportive Services Program (ADSSP)
  - Title XXIX Lifespan Respite Care Program
- Health Insurance Portability and Accountability Act of 1996 (HIPAA) Health Care Fraud and Abuse Control (HCFAC) funds
  - Senior Medicare Patrol
- Developmental Disabilities Assistance and Bill of Rights Act of 2000 (DD Act)
- Help America Vote Act (HAVA)
- Workforce Innovation and Opportunity Act of 2014 (WIOA)
  - Independent Living Services/Centers for Independent Living
  - Assistive Technology Act
  - National Institute on Disability, Independent Living and Rehabilitation Research (NIDILRR)
- Other Programs
  - State Health Insurance Assistance Program (SHIP)
  - Paralysis Resource Center
  - Limb Loss Resource Center
  - The Traumatic Brain Injury (TBI) Act



### Why PCTI?

- Trauma (and trauma history) is pervasive
  - Multiple causes
  - From individuals to entire populations
  - 70-90% of older adults have trauma histories
- Trauma's impacts are significant
  - Increased disease risk
  - Impaired development
  - Resistance to intervention
- Trauma can impact multiple generations
  - Many of whom are/will become family caregivers
  - Can manifest similar signs/symptoms of trauma



# ACL and PCTI How did we get here?

- 2013 White House Initiative focusing on health and social service needs of Holocaust survivors
- Initial federal investment (2015): \$2.5 million "to help provide supportive services for aging Holocaust survivors living in the United States."
- Develop programs and services grounded in the "traumainformed" framework, while ensuring person-centered approaches are used.
  - ACL recognizes that traumatic events can impact anyone at anytime across the life course
  - An opportunity to advance Aging Network Capacity while having immediate impact



# Advancing PCTI for Holocaust Survivors – Progress to Date

- Appropriations history
  - FY 2015 2017: \$2.5 million/year
  - FY 2018 2019: \$5 million/year
  - Total federal investment: \$17.5 million
  - Non-federal match: over \$8 million (to date)



## Advancing PCTI for Holocaust Survivors – Milestones of Success

#### **Program Reach**

- Five cohorts of subawardees
- 119 sub-grantee organizations
- 200+ PCTI programs developed
- Expansion of project scope in years 4 and 5

#### People served\*

- Over 30,000 people reached and served
- 15,500+ survivors
- 4,000+ family caregivers
- 10,000+ professionals and organizations trained

\*2020 Partial Data



## Advancing PCTI for Holocaust Survivors – Measurable Outcomes Achieved

### Measurable & positive changes for survivors:

- Reductions in anxiety, depression & loneliness
- Feeling more connected to others
- Improved access to services and supports
- Better able to do self-care
- More confidence in ability to remain at home

## Measurable improvements in network capacity:

- More confidence and comfort working with survivors
- Improved knowledge about trauma and PCTI
- Better able to recognize and avoid triggers for retraumatization
- Greater confidence in developing and supporting PCTI systems



#### PCTI in Statute!

- 2020 Reauthorization of the Older Americans Act
  - Sec. 102 adds "access to PCTI" to the objectives of the OAA
  - Sec. 112 defines PCTI
  - Sec. 120 authorizes the creation of a National Resource Center for Older Individuals Experiencing the Long-Term and Adverse Consequences of Trauma
  - Sec. 205 requires AAAs to include Holocaust survivors in their outreach efforts
  - Sec. 207 data collection and outreach for specific targeted populations



#### What's Next?

- New Funding Opportunity Announcement for FY 2020
  - New five-year cooperative agreement
  - \$5 million per year (pending funding availability)
  - Expand PCTI service provision and national technical assistance efforts



#### What's Next?

- Over the next five years, we will...
  - Expand our work to focus on three populations: Holocaust survivors, other older adults and family caregivers
  - Expand technical assistance to broader target audiences serving a broad cross section of populations with trauma histories



### Expanding our Focus

- Comprehensive care management and care transitions
- Innovations across care settings
- Psychosocial interventions
- Trauma-informed lawyering & legal assistance
- Socialization and wellness programs
- Caregiver support
- Dementia care and support
- Advance planning, end of life, palliative care



# Continuing ACL/AoA's 55-Year History of:

- Innovation in the field of aging
- Testing new ways of meeting the needs of a growing and increasingly diverse population of older Americans
- Paving the way for future providers of aging services to have access to cutting edge knowledge and practices
- Improving programs and services in meaningful and lasting ways
- Strengthening the responsiveness and capacity of the Aging Services Network



#### QUESTIONS?

#### Thank you!

#### **Next Steps**

 Stay tuned for more information about the next JFNA webinar, Emerging Issues in the Fields of Aging & Trauma, on July 9, 2020 with two leading experts, Dr. Joan Cook and Dr. Josef Ruzek

• If you have any questions for us or for Greg Link, please email: HolocaustCenter@JewishFederations.org

#### Reminders

Please complete the brief questionnaire in our follow-up email

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