

Botvin Life Skills Training



Evidence-Based Prevention Programs for Schools, Families, and Communities

A full-day training. The Botvin *LifeSkills Training* Middle School program is a groundbreaking substance abuse and violence prevention program based on more than 35 years of rigorous scientific research. Proven to be the most effective evidence-based program used in schools today, *LifeSkills Training* is comprehensive, dynamic, and developmentally designed to promote positive youth development. In addition to helping kids resist drug, alcohol, and tobacco use, the *LifeSkills Training* Middle School program also effectively supports the reduction of violence and other high-risk behaviors.



Wednesday September 18, 2019 8:00am to 3:00pm

Los Angeles County Office of Education (LACOE) ECW 610

> 12830 Columbia Way, Downey, CA 90242

Participants will:

LifeSkills Provider Training workshops are designed to:

- 1. Review the background theory, research and rationale behind the LST program
- 2. Familiarize participants with the *LifeSkills* curriculum
- 3. Teach participants the skills needed to successfully conduct the LST program
- 4. Discuss practical implementation issues
- 5. Provide an opportunity to practice teaching selected portions of the *LifeSkills* curriculum.

Register: http://lacoe.k12oms.org/1541-173289

For more Information contact:

Mark Hernandez, TUPE Program Coordinator Los Angeles County Office of Education Tobacco-Use Prevention Education Unit 562-922-8963 or Hernandez Mark@lacoe.edu