Church Partnerships' Weekly Scoop

April 11-21, 2018



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Mount Carmel DIABETES PREVENTION **PROGRAM**



DID YOU KNOW 1 out of 3 adults in the U.S. have prediabetes?

Having prediabetes means your blood glucose (sugar) levels are higher than normal-but not high enough to be diagnosed as diabetes. Prediabetes can lead to heart disease, stroke, and type 2 diabetes, the most

Prediabetes can often be reversed. That's why Mount Carmel is forming a Diabetes Prevention Program.

Free classes for individuals looking to prevent prediabetes & diabetes in Fairfield, Pickaway and Madison counties begin in April 2018. For more details or to register, contact Valerie at urbanhealthmgmt@mchs.com or 614-546-4300.

THE MOUNT CARMEL CRIME & TRAUMA ASSISTANCE PROGRAM INVITES YOU TO ATTEND Time Does Not Heal All Wounds: The Role of Grief in Complex Trauma, Attachment & Traumatic Death Friday, May 4, 2018 | 8:00 a.m. - 5:00 p.m. NEW PERSPECTIVE

PRESENTER

Kristen Santel, LISW-S

Kristen is a Licensed Independent Social Worker Supervisor (LISW-S) through the State of Ohio Counselor and Social Worker Board, graduating from The Ohio State University and the University of South Carolina with her BSSW and MSW in 2004, respectively. She is a Level II EMDR trained psychotherapist through EMDRIA with much a dvanced and master class training in somatic psychotherapy and reparative attachment, and is a Certified Hypnotherapist with American So dety of Clinical Hypnosis, a Certified Trauma Specialist with the National Institute for Trauma





and Loss in Children, as well as being trained in TF-CBT, CISM and several other therapeutic modalities. Kristen has served as the Clinical Director of Camp Lionheart for 12 years, Central Ohio's week-long, overnight grief camp for children and teens in the Hocking Hills, and continues to grow this program each year. Kristen frequently provides psychoeducation at conferences, schools and symposiums on topics such as traumatic grief, complex trauma, adoption issues and attachment. She lives in downtown Columbus, Ohio with her husband and their portly cat.

OBJECTIVES

- » Create a working theoretical knowledge of grief, complex trauma and attachment in adults, children and teens
- Develop a working knowledge of the role of attachment in the therapeutic relationship between client and therapist when working with chronically traumatized populations
- Demonstrate effective interventions to use with children, teens and adults suffering with traumatic grief, complex trauma and attachment challenges

REGISTRATION

Early registration program fee is \$50 and includes attendance to program, breakfasts and afternoon snacks Deadline is at 5 p.m. After April 27th, the program fee is \$75. Mount Carmel colleagues will receive half-off the registration program fee.

Call 6i4-234-LIFE (5433) to register, Monday - Friday, 8:00 a.m. - 6:00 p.m. Seating is limited and registration is required. Visa, MasterCard and Discover are accepted. If you would like to pay by check, make payable to Mount Carmel Founda and note "Registration Fee CTAP" in the memo. Send the dx(s) to:

Mount Carmel Foundation

Attr: Pamela Mahaney 6150 East Broad Street

Registration fee is transferable, but not refundable.



Adverse Childhood Experiences and the relationship to the opiate epidemic

Seminar

Saturday, April 14, 2018

10 a.m. to 2 p.m. This seminar is free and lunch is included St. Agnes Church 2364 W. Mound St. Columbus OH



This Seminar will address Childhood Trauma and an increased risk of addiction.

The original study on adverse childhood experiences completed in the 1990s asked thousands of people whether they had experienced any of 10 categories of childhood trauma. Researchers found a pronounced connection between high scores of youth adversities and adult outcomes, including substance abuse, poor health and suicide attempts.

"My hope is that we can stem the tide of addiction in our community by addressing childhood trauma in this seminar." Clndy Oddl For more information or if you have guestions please contact Cindy Oddi at 614-551-0338.

Presenter:

William O. Livisay, LSW Owner/Consultant W Osborne Group

Sponsored by:



Knights of Columbus Council #2898



Prescription Drug Take-Back Day April 28, 2018

The US Drug Enforcement Administration (US DEA) announced the next Prescription Drug Take-Back Day as Saturday, April 28, 2018.

All locations are accepting dry pills. Many locations are also accepting other materials (noted on website).

Local law enforcement agencies will be collecting prescription drugs at the following locations between 10:00 am-2:00 pm (*unless otherwise noted on website) LINK: https://www.swaco.org/196/Pharmaceutical

BRING YOUR BEST: RE-ENTRY



Discussions with specialists on how to seal your record, where to go for jobs, services available and more!

Marion Franklin Opportunity Center 2740 Lockbourne Rd. (in the former Beery Middle School) Monday April 23, 3:30-5:00 P.M.



BE OUR GUEST! **HOW TO TAKE CARE OF MOM & DAD**

We are delighted to offer an exclusive presentation of our most popular lunch-and-learn session for dedicated supporters of LifeCare Alliance!

Join us for this special edition of How to Take Care of Mom & Dad, led by LifeCare Alliance President and CEO Chuck Gehring. Whether you are caring for an aging loved one or taking steps to plan for the future and preserve your estate, this session will address important topics and tax issues, offer helpful tips, and share firsthand stories and examples.



Wednesday, April 18, 2018 11:30 a.m. Lunch 12:00 - 1:00 p.m. Program

L.A. Catering & Event Center 670 Harmon Avenue Columbus, OH 43223

Please RSVP by April 11th to: (614) 437-2867 or rhurd@lifecarealliance.org

TOPICS COVERED

- How to prepare as your parents and other relatives age
- ♥ Difficult conversations with your
- ▼ How to involve family members in key decisions and planning
- ▼ How to preserve your estate and consider tax issues
- ♥ Resources available to your parents and how to locate them
- ♥ What you need to do today, even if you currently have no issues
- Costs for in-home care, assisted living and nursing home options
- What you need to do next to plan for the future

Embracing Health Equity Training - Cradle to Prison Pipeline: A Public Health Crisis - April 27

The 2018 Embracing Health Equity Training Series launches on April 27th from 10am – 12pm in the Dr. Teresa Long Auditorium. The overemphasis on school policies and practices in schools has led to an increasing number of children who become involved in the juvenile and criminal justice systems. Given the growth of youth incarcerated, there is a need to address school discipline and intervention strategies to decrease drop-out rates and improve access to positive career and higher educational opportunities. Research shows the cradle/school to prison pipeline disproportionately impacts students based on their race, ethnicity, socioeconomic status and disability. Please join us for a discussion on the impacts the cradle/school to prison pipeline has on youths and our communities and how you can advocate for positive change. The presenter will be Ashon McKenzie from the Children's Defense Fund-Ohio. Social Work CE's will be provided. Registration is required and can be completed here.

