

Create for a Cause Resources

The goal of Create for a Cause is to help the community, and during this uncertain time we have some needs within our own CAI family that we can work together to fulfill. *We are still in need of masks for members of our CAI family* – it is more important than ever to help our community given the mandate that we need to wear masks in stores and other public places.

Homemade masks can be sewn, crocheted, folded, etc. See links below for instructions and patterns.

For collection, please drop off any completed masks on **Friday, April 17 between 11 am and 12 pm** in the main parking lot at CAI. Please bring masks in plastic bags and bring to the front door. Caryn Snerson will collect them all and work with our volunteers to distribute them. Please do not drop off at another time, as we cannot have bags left outside the doors due to security protocol. There will be additional drop off times in the coming weeks as well.

If you have any questions or need help, please contact Caryn at AgudathCFC@gmail.com

Masks for CAI Community – Super Simple bandana or fabric mask

Below are instructions for an additional simple mask you can make with just a bandana or fabric and two rubber bands!

Some members have extra fabric if anyone is in need – please let Caryn know.

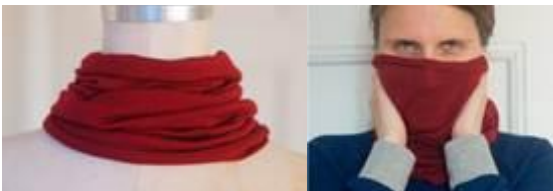


https://m.facebook.com/story.php?story_fbid=2611871869088258&id=100007964100586

OR

<https://www.youtube.com/watch?v=1r2C1zGUHbU>

Sewn Neck Warmers (Buff)



<https://www.thelaststitch.com/sewing-buff/>

<http://blog.fehrtrade.com/gallery/883/sewing-indie-month-a-buff-tutorial/>

Sewn Masks



[https://www.huffpost.com/entry/how-to-make-face-mask-from-fabric-covid-19 | 5e834a20c5b62dd9f5d628e8?guccounter=1&guce_referrer=aHR0cHM6Ly93d3cuZ29vZ2xlLnNvbS8&guc_e_referrer_sig=AQAAABKZXYTv1gzl0eejQR5AVRuu-Z6DIJOU_wFJsmvoAmc7RE1PXh-obr0pUTHGDyyFj7TrMo4HxdHLOBaXuPiIOPdzEfOXSpRYa8kYJTfyP3aUCCrEvf7lqgKsqVcULKAzgFfYt8qhe9g9AfCM-j_5cARMC6QUsgnaof84eGfc8s-](https://www.huffpost.com/entry/how-to-make-face-mask-from-fabric-covid-19?hpid=hp_hp-top-table-main-coronavirus%3Ahow-to-make-face-mask-from-fabric-covid-19%3Ahomepage%2Ft%3Ahow-to-make-face-mask-from-fabric-covid-19&guccounter=1&guce_referrer=aHR0cHM6Ly93d3cuZ29vZ2xlLnNvbS8&guc_e_referrer_sig=AQAAABKZXYTv1gzl0eejQR5AVRuu-Z6DIJOU_wFJsmvoAmc7RE1PXh-obr0pUTHGDyyFj7TrMo4HxdHLOBaXuPiIOPdzEfOXSpRYa8kYJTfyP3aUCCrEvf7lqgKsqVcULKAzgFfYt8qhe9g9AfCM-j_5cARMC6QUsgnaof84eGfc8s-)

<https://www.atlantichealth.org/patients-visitors/donate-volunteer/donate-supplies-covid-19/make-facemask-help-covid-19.html>

https://www.kcbd.com/2020/03/24/want-make-medical-mask-here-are-steps/?fbclid=IwAR3AatX9Zb5hdXlDt2DM9iwaleuCut_ahPiFXu4U_dtZf1XSKk5tmqYTMCC

Crochet Lined Masks



<https://traversebaycrochet.com/2020/03/14/diy-crochet-face-mask/>

Crochet Neck Warmers

If you would like to make a crochet or knit neck warmer, these can be made as a simple flat rectangle with a cotton fabric lining stitched inside and then stitched closed. The patterns will vary based on the gauge of the yarn and hook size, so just make sure they can slide over the head and stay close to the face.

